



# Life Group Discussion Guide

## January 4: Daniel 1:8-21 --- Undefined

### Icebreaker:

What's a comfort you would honestly struggle to give up for three weeks—food, phone, streaming, caffeine, shopping, etc.? Why do you think that one is hard for you?

### Discussion Questions:

*Every group is different! As you prepare, choose the questions that best fit your group, focusing on those that spark meaningful conversation. Don't rush—depth is better than distance. Trust the Holy Spirit to lead your discussion!*

**Big idea:** Upstream faith is formed through CONVICTION over COMFORT.

1. Read **Daniel 1:8-21**.
2. Three times we read in Daniel 1 (vs. 1, 9, and 17) some version of "God gave." The hand of God was seen by Daniel, and he was able to trust because He knew God was ultimately in control.
  - a. If you were in Daniel's shoes, do you think you would have seen the hand of God at work in the same way?
  - b. Have you trained yourself to see the hand of God where you are?
3. Dave asked when was the last time you put yourself in a position, that if God did not do work, you would fail. What would be your answer to that?
4. How do we grow more comfortable with the discomfort that often accompanies learning to rely on God?
5. Why do you think fasting is so effective at revealing what we depend on most?
6. Do you think it's difficult to evaluate if the things we are consuming are really consuming us? If so, why? How would a fast help us with this?

7. What do you think you need to say "no" to, so that you can say "yes" to God?
8. Pray as a group that the Holy Spirit guide you individually and collectively through the 3 weeks of fasting. Pray for insight, clarity, and a transformation that allows us as individuals and as a church to look more like Christ.

## What's Happening in the Life of Legacy:

More details on these events can be found at [lcc.org/whats-happening](https://lcc.org/whats-happening)

### All Campus

- **21 Days of Prayer & Fasting:** January 12 – February 1. [Follow the Plan Online](#)
- **Night of Worship:** January 12. 6:30pm at each campus.
- **Leadership Community:** February 1. 4:00 – 5:30pm at the Blue Valley Campus.
- **LSM Winter Retreat:** January 23-25. Grades 8-12. At Youthfront West.
- **CIY MIX:** June 14-18. Grades 6-8. At Encounter Cove (Roach, MO).
- **CIY MOVE:** July 6-10. Grades 9-12. At University of Nebraska.
- **Advance the Kingdom:** We want everyone to go "All In" on Project Advance. Learn more here: <https://lcc.org/advance/>

## Local Serving Opportunities to Share with Your Group:

*These are the serving requests we have received over the past few weeks!*

**Firm Foundations Prison Ministry** – For more info, contact Matt at [matt@firmfoundationsministries.org](mailto:matt@firmfoundationsministries.org).

- Top needs: Friday morning Leadership Class Leaders; one-on-one mentors.

**House of Hope KC** – For more info, contact Amy Burgess at [amy@houseofhopekc.net](mailto:amy@houseofhopekc.net).

- Office Assistant, Monday, Wednesday, or Friday, 8:30-11:30 AM
- Young Adult Mentors: Volunteer to invest in the life of a teen resident.