



Life Group Discussion Guide

February 2 – Mark 5 --- Christ, Over the Unseen World

Life Group Leaders,

During our *100 Days with Jesus*, you will have two approach options to guide your group in studying Sunday's text. We encourage you to try both methods over the next few months.

1. **Discussion Questions** – Each week, you'll receive a set of questions related to the text. If you choose this option, feel free to *select the questions that best fit your group's needs* and dynamics.
2. **SEEDS Discovery Bible Study** – This method introduces a Bible study format designed to empower participants to engage deeply with Scripture. The goal is to equip your group members with a practical tool for exploring the Bible with others, aligning with our mission to *Advance the Kingdom* with Jesus.

Both options are designed to enrich your group's experience. Experiment with each to discover what works best for your group. Thank you for leading and serving so well!

Discussion Questions:

Mark 5:1-20 --- Jesus Heals a Man with a Demon

1. How does the story of the demon-possessed man in Mark 5:1-20 reveal the reality of spiritual warfare?
2. In what ways do we see evidence of spiritual battles in our world today? How can we be more aware of them?
3. Why do you think the townspeople asked Jesus to leave after He freed the man? What does this teach us about how people sometimes react to spiritual battles?
4. How can we, as believers, prepare ourselves daily to recognize and engage in spiritual warfare?

Mark 5:21-43 --- Jesus Heals a Woman and Jairus's Daughter

5. Jesus stopped and asked, "Who touched me?" even though He likely knew. Why do you think He did this?

6. What does the woman's faith in reaching for Jesus' garment teach us about taking action to be near Christ?
7. The woman with the issue of blood had been suffering for twelve years. What does her story teach us about faith and persistence?
8. Jesus told Jairus, "Do not fear, only believe." How does this statement apply to us when we face difficulties beyond our control?

Application and Reflection

9. How do we practically rest in God's strength when facing battles in our lives? What does that look like in daily life?
10. What do these miracles reveal about Jesus' authority over spiritual, physical, and even death itself?
11. What does this chapter teach us about the power of testimony and sharing what Jesus has done in our lives?
12. If someone asked you how Mark 5 teaches us to live as a follower of Christ, what would you say?

SEEDS Bible Study:

The Discovery Method works most effectively in small groups of three to four people. For larger gatherings, consider breaking into smaller groups to encourage deeper discussion. Here's a simple format to follow:

- **Form Small Groups:** Divide the larger group into smaller groups of three to four people.
- **Pose Questions:** Present one question at a time for the smaller groups to discuss. Allow a few minutes for meaningful conversation.
- **Share Insights:** Invite groups to share their thoughts with the larger group, if they feel led. This step fosters collective learning and reflection.
- **Repeat for Additional Questions:** Continue the process with the next question, following the same structure.
- **Close in Prayer:** Conclude the session with prayer, either within the smaller groups or together as a large group.

This approach encourages participation, reflection, and shared learning while keeping the conversation focused and engaging.

Discussion Questions:

Share

- What are you grateful for?
- What is stressing you out?

Explore

- What stood out to you from the sermon?
- Read the text twice (Select a portion of this week's text to focus on for your group's discussion.)
- Retell the passage in your own words.

Examine

- What questions, observations, and thoughts do you have about this passage?
- What does this text say about God, Jesus, and humanity?

Do It – Either alone or with others in the group.

- If the text is true, what are you sensing God saying to you?
- Write an "I will" statement.
- What does that look like for you?

Seek God's Kingdom

- **Tell:** Is there someone in your life you can share this text/truth with?
- **Give:** Is there someone in your life that you can serve this week?
- **Pray:** Close in prayer: God, thank You for planting SEEDS in us so we can share those SEEDS with others as we Advance the Kingdom!