



Life Group Discussion Guide

June 7: Luke 10:38-42 --- One Thing for an Overwhelmed Soul

Icebreaker:

Think about the past week. What has occupied most of your mental space lately? Has it brought you peace, stress, or a little of both?

3/3 GROUPS FORMAT

A 3/3 Group is one that divides their time together into three parts so that they can practice obeying some of the most important things that Jesus commands.

Text: Luke 10:38-42

LOOK BACK [1/3 of your time]

Care and Prayer:

- Have each person share something they are thankful for.
- Then each person should share something they are struggling with.
- Have the person to their right pray for them about the items they share. *(If anyone is struggling with something that requires more attention, stay after to care for that person.)*

Vision:

State the vision of the group: Be a part of a committed Small Group, where we grow in our understanding and expression of being Christ followers. We will follow Jesus, Grow in Community, and Go on Mission to help others do the same.

Check-In:

Have each person share how they did regarding any commitments they made during group last week:

- How have you obeyed what you have learned?
- Who have you trained in what you have learned?
- With whom have you shared your story or God's story?

If they forgot to follow through on a commitment or did not have the opportunity to do so, then those commitments from the prior week should be added to this week's commitments.

LOOK UP [1/3 of your time]

Pray:

Talk with God simply and briefly. Ask God to teach you this passage.

Read and Discuss:

Read this week's scripture passage: Luke 10:38-42.

Discuss the following questions:

1. What did you like about this passage?
2. What did you find challenging or hard to understand about this passage?

Read this week's passage again and discuss the following questions:

3. What can we learn about people from this passage?
 4. What can we learn about God from this passage?
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LOOK FORWARD [1/3 of your time]**Obey. Train. Share.:**

After reviewing questions 5-7 below, take at least five minutes in silent prayer. Have everyone in the group pray for the Holy Spirit to show them how to answer these questions, then make commitments. Everyone should write their commitments down so they can pray for people knowledgeably and hold them accountable. They may not hear something related to every question every week. They should note if they share a response which they are not sure they heard from God, but they think may be a good idea since the accountability will be handled at a different level in that case.

5. How will I apply and obey this passage? What are some examples to follow, commands to obey, or promises to claim from this passage?
6. Who will I train or share with about this passage?
7. Who does God want me to share my story [testimony] and/or God's story with this week?

Practice:

In groups of two or three, practice what you have committed to do in questions 5, 6, or 7. For example, role-play a difficult conversation, practice teaching today's passage, or practice sharing the Gospel.

Talk with God:

In the same groups of two or three, pray for every member individually. Ask God to prepare the hearts of the people who will be hearing about Jesus this week. Ask Him to give you the strength and wisdom to be obedient to your commitments. This is the conclusion of the meeting.