



Life Group Discussion Guide

March 29: Lamentations 5 --- The Problem of Lament

Icebreakers:

- Tell us about a seemingly silly “cure” for an ailment you’ve seen advertised.
- What’s an Easter tradition your family celebrates that doesn’t really have anything to do with Jesus’ resurrection?

Discussion Questions:

Every group is different! As you prepare, choose the questions that best fit your group, focusing on those that spark meaningful conversation. Don’t rush—depth is better than distance. Trust the Holy Spirit to lead your discussion!

Big Idea: Lament is the symptom; sin is the sickness.

1. Have someone from the group read *Lamentations 5:1-22*.
 - a. What is the reality for the people of Israel in this lament (v 2-18)?
 - b. What is the reason for their current reality? (v15-16)
2. *Lamentations 5:7* says, “Our fathers sinned, and are no more; and we bear their iniquities.”
 - a. What do you think this means?
 - b. How do the sins of earlier generations in our families affect later generations?
3. Thinking about your own family, have any of those negative patterns been broken by God’s work in your life? Perhaps take time to thank the Lord for His help and deliverance.
4. In this weekend’s sermon, we studied *2 Kings 5:1-27*. (If time allows, have one or two people read this aloud to the group.)
 - a. What examples of sin sickness did this narrative reveal?
 - b. In what ways do we resemble Naaman and Gehazi?
5. Dave shared that, “**The power of sin is that it makes what is wrong feel right, and what is right feel impossible.**” We see this principle revealed by Naaman and Gehazi in the *2 Kings 5* narrative.

- a. How have you seen this reality in your own life?
 - b. How can you guard your heart and mind in this struggle?
6. (Leaders: Consider allowing time for personal reflection and prayer but also allow for sharing and communal prayer as your group may be willing.)

This lament emphasizes the need for restoration to the Lord after confession of sin.

- a. What are some ways you may need to be restored to the Lord?
 - b. Have you cried out in sorrow over your sin?
7. (Leaders: The additional question below could be especially useful if your group time did not utilize question number 6)

This weekend we were reminded of the penalty and cure for our sin sickness, and we were also reminded of the beautiful transformation God can bring to our lives.

- a. How do these reminders strengthen your celebration of Christ's death, burial, and resurrection ahead of Easter?

What's Happening in the Life of Legacy:

More details on these events can be found at lcc.org/whats-happening

All Campus

- **Easter at Legacy:**
 - **OP, OL, and BV:** April 4 at 4:00pm; April 5 at 9:00am and 10:45am
 - **LS:** April 2 at 6:30pm; April 5 at 9:00am and 10:45am
 - **ES:** April 5 at 1:00pm
- **CIY MIX:** June 14-18. Grades 6-8. At Encounter Cove (Roach, MO).
- **CIY MOVE:** July 6-10. Grades 9-12. At University of Nebraska.
- **KIDS CAMP:** July 28-29. Grades 2-5. At Prairie Star Ranch.