



# Life Group Discussion Guide

## March 8: Lamentations 2 --- The Pain of Lament

### Icebreakers:

Describe the last 'out-of-nowhere' inconvenience you experienced with your car or home.

### Discussion Questions:

*This week may surface deeper emotions than usual. That's okay. Don't feel pressure to fix, correct, or tie everything up neatly. Your role is not to solve people's sadness. Your role is to create a safe space where they can be honest. Silence is not awkward. It's often where God does His best work.*

*If someone shares something heavy:*

- *Thank them for sharing.*
- *Affirm their courage.*
- *Resist the urge to give quick advice.*
- *Point gently to the comfort of Christ, not clichés.*

*If someone seems overwhelmed beyond what a group can carry, follow up privately and help connect them to pastoral care or a counselor if needed.*

**Big Idea:** The source of all pain comes from separation.

1. First Impressions:
  - a. What stood out to you most from Sunday's message?
2. The sermon began with stories about **Juan Ponce de León** and modern "immortalism" movements.
  - a. What do efforts like the search for the Fountain of Youth reveal about our heart?
  - b. Do you see this longing for permanence showing up in your own life?
3. We tend to make two mistakes with sorrow: denying it or deifying it.
  - a. Which tendency do you lean toward—avoidance or allowing sorrow to define you?
  - b. What would it look like to "thread the needle" in your current season?
4. In Lamentations 2, the prophet mourns devastation not just of buildings, but of God's presence.
  - a. Why is the loss of presence more painful than the loss of things?
  - b. Have you experienced grief that was really about absence rather than circumstance?

5. In Genesis 3, humanity is separated from God's presence and the Tree of Life.
  - a. Does understanding this "great separation" reshape suffering?
  - b. How does separation deepen your gratitude for Jesus' life, death, and resurrection?
6. Elisabeth Elliot defined suffering as "having what you don't want or wanting what you don't have."
  - a. With this quote in mind, think about a current frustration or grief. Can you or the group pinpoint what desire is underneath it?
  - b. Is that desire wrong—or possibly a right desire aimed at the wrong destination?
7. Sometimes sorrow exposes hidden beliefs (e.g., "God owes me...," "If I obey...").
  - a. Has a hardship ever exposed an expectation you didn't realize you were carrying?
8. The sermon distinguished between joy in this life and unhindered happiness in the life to come, referencing **Revelation 21:3–4**.
  - a. How does the promise that God will dwell with His people shape how you endure sorrow?
  - b. What would change if you truly believed every source of grief will one day be removed?
9. Read **Psalm 13** together.
  - a. Which line resonates most deeply with you right now?
  - b. What would it look like for you to move from "How long?" to "But I trust"?

## What's Happening in the Life of Legacy:

More details on these events can be found at [lcc.org/whats-happening](http://lcc.org/whats-happening) **All Campus**

- **Grief Share:** starting March 8. 6:00pm at the OP Campus. Cost \$10.
- **Easter at Legacy:**
  - **OP, OL, and BV:** April 4 at 4:00pm; April 5 at 9:00am and 10:45am
  - **LS:** April 2 at 6:30pm; April 5 at 9:00am and 10:45am
  - **ES:** April 5 at 1:00pm
- **CIY MIX:** June 14-18. Grades 6-8. At Encounter Cove (Roach, MO).
- **CIY MOVE:** July 6-10. Grades 9-12. At University of Nebraska.
- **KIDS CAMP:** July 28-29. Grades 2-5. At Prairie Star Ranch.

## Local Serving Opportunities:

Here are a few local ministries where your group could serve! For more information, contact Angie Teeple at [ateple@lcc.org](mailto:ateple@lcc.org).

- **Care Package Inbound:** Transforming the foster care community to make a generational impact.
- **Firm Foundations Ministries:** Equipping men and women to move from imprisoned to empowered.
- **House of Hope:** Healing Teens. Restoring Families. Transforming Communities.
- **International Students, Inc.:** A Christian organization assisting international students and scholars adjust to life in the US while promoting cross-cultural friendships.
- **Joy Meadows:** Providing stability, healing and joy to children impacted by foster care.
- **Mission Southside:** Putting God's love into action by extending help through hope with a neighbor's heart.
- **Shelter KC:** Helping KC's homeless men & women experience freedom from the past and hope for the future through the love of Jesus Christ.
- **The Single Mom KC:** Christ-Centered, Radical Love, Community, Hope and Healing.