



Small Group Discipleship Guide

October 16: Rom 8:1-13 – Stuck to Empowered

CONNECT

A few minutes of care, celebration, and prayer.

1. How have you seen God at work this week?
 2. What is one celebration and one challenge that we can pray about today? (*pray now*)
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REFLECT

Look back on how God worked through last week's commitments.

3. Last week, each of us committed to take one step of obedience. How did it go?
 4. Who were you able to encourage, serve, invite, or share with?
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DISCUSS

Read the primary Scripture together: Romans 8:1-13

5. What makes you personally confident God exists?
6. Share a time you received something good you didn't deserve...How did you feel?
7. Think of a sin you've committed that made you feel very guilty. *Sharing the specifics of the sin isn't expected.* Read Romans 8:1. What is your reaction to the verse as you think about the sin that made you feel so guilty.
8. Read Romans 8:11. What's your reaction to the reality that the Holy Spirit is living in you when you become a Christian?

9. Read Romans 8:13. What sin do you struggle with when you need to ask for help from the Holy Spirit? Take two minutes for each group member to pray silently for the Holy Spirit to help extinguish that sin. Commit to repeating at least 2 minutes of daily prayer for the sin for the next week

RESPOND

Write these commitments down.

10. **Follow Jesus:** What is one step of obedience God is asking you to take this week?
11. **Grow in Community:** How can this group pray for you, encourage you, or hold you accountable as you take that step.
12. **Go on Mission:** Who is one person God is placing on your heart to encourage, serve, invite, or share Jesus with this week?
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